



ZA'ATAR PICKEREL FISH CAKES

HEATING INSTRUCTIONS: 1-2 SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 400° F (375° F convection).
2. Place za'atar pickerel fish cakes and balatas harra, uncovered, on middle rack of oven.
3. Bake for 30-35 minutes, flipping fish cakes and gently tossing potatoes mid way through heating.
4. Meanwhile, heat basmati rice & lentils in microwave.
4. Enjoy with traditional salads, smoky eggplant dip, hummus and mint yogurt sauce.

HEATING INSTRUCTIONS: 3-4 SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 400° F (375° F convection).
2. Place za'atar pickerel fish cakes and balatas harra, uncovered, on middle rack of oven.
3. Bake for 40 minutes, flipping fish cakes and gently tossing potatoes mid way through heating.
4. Meanwhile, heat basmati rice & lentils in microwave.
4. Enjoy with traditional salads, smoky eggplant dip, hummus and mint yogurt sauce.

BON APPETIT!

For food safety, all hot items should be heated to a minimum of 165° F