



GINGER BEEF & BEANS

HEATING INSTRUCTIONS: 2+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375° F (350° F convection).
2. Place ginger beef & beans, uncovered, on middle rack of oven.
3. Bake for 15 minutes, then stir beef gently and heat another 15 minutes.
4. Meanwhile, heat vegetable fried rice in microwave and toss seasonal salad.

HEATING INSTRUCTIONS: 4+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375° F (350° F convection).
2. Place ginger beef & beans, uncovered, on middle rack of oven.
3. Bake for 20 minutes, then stir beef gently and heat another 20 minutes.
4. Meanwhile, heat vegetable fried rice in microwave and toss seasonal salad.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165° F**

**** Consume or freeze dishes on or before expiry date**