



MEDITERRANEAN BEEF KEBABS

HEATING INSTRUCTIONS: 2+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 400° F (375° F convection).
2. Place roasted potatoes, uncovered, on middle rack of oven.
3. Bake for 15 minutes, then place Mediterranean beef kebabs, uncovered, on middle rack of oven.
4. Bake for 15-20 minutes, depending on desired doneness of beef.
5. Meanwhile, heat rice pilaf in the microwave.
6. Enjoy with leafy Greek salad, tzatziki and flatbread.

HEATING INSTRUCTIONS: 4+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 400° F (375° F convection).
2. Place roasted potatoes, uncovered, on middle rack of oven.
3. Bake for 15 minutes, then place both containers of Mediterranean salmon, uncovered, on middle rack of oven.
4. Bake for 15-20 minutes, depending on desired doneness of beef.
5. Meanwhile, heat rice pilaf in the microwave.
6. Enjoy with leafy Greek salad, tzatziki and flatbread.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165° F**

**** Consume or freeze dishes on or before expiry date**