CAJUN SALMON

HEATING INSTRUCTIONS: 2+ SERVINGS

1. Preheat oven to 375°F (350°F convection).
2. Place Cajun salmon and roasted sweet potatoes, uncovered, on middle rack of oven.
3. Bake for 20 minutes.
4. Meanwhile, heat yellow rice in the microwave.
5. Enjoy with seasonal salad.

HEATING INSTRUCTIONS: 4+ Servings

1. Preheat oven to 375°F (350°F convection).
2. Place both containers of Cajun salmon and roasted sweet potatoes, uncovered, on middle rack of oven.
3. Bake for 20 minutes.
4. Meanwhile, heat yellow rice in the microwave.
5. Enjoy with seasonal salad.

BON APPETIT!

***If frozen, defrost in the refrigerator overnight**

****For food safety, all hot items should be heated to a minimum of 165°F**

****Consume or freeze dishes on or before expiry date**