



OLD FASHIONED MEATLOAF

HEATING INSTRUCTIONS: 2+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place old fashioned meatloaf and garlic-parmesan mashed potatoes, uncovered, on middle rack of oven.
3. Bake for 15 minutes, then gently flip meatloaf pieces over.
4. Bake for 15 more minutes.
5. Meanwhile, toss seasonal salad.

HEATING INSTRUCTIONS: 4+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place old fashioned meatloaf and garlic-parmesan mashed potatoes, uncovered, on middle rack of oven.
3. Bake for 20 minutes, then gently flip meatloaf pieces over.
4. Bake for 20 more minutes.
5. Meanwhile, toss seasonal salad.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165°F**

**** Consume or freeze dishes on or before expiry date**