



BEEF & CHEESE EMPANADAS ZESTY RICE & BEANS, CRUNCHY SALAD

HEATING INSTRUCTIONS:

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375° F (355° F convection).
2. Remove beef & cheese empanadas and place on a baking sheet.
3. Bake for 25 minutes.
4. Meanwhile, heat rice in microwave and toss salad.

BON APPETIT!

For food safety, all hot items should be heated to a minimum of 165° F