



FALAFEL

HEATING INSTRUCTIONS:

If frozen, defrost in the refrigerator overnight.

1. Preheat oven to 400° F (375° F convection).
2. Place potatoes, uncovered, on middle rack of oven.
3. Bake for 25 minutes.
4. Then, placed falafel, uncovered, next to potatoes on middle rack.
5. Bake for 15 minutes. Meanwhile, heat rice in microwave.
6. Crush falafel balls lightly so they absorb sauces better. Enjoy with salads, hummus, garlic sauce, tahini & hot sauce.

BON APPETIT!

For food safety, all hot items should be heated to a minimum of 165° F