



Thank you for your purchase of our ready-to-heat meal!
Below you will find heating directions for your meal.

CHICKEN or EGGPLANT PARMESAN

HEATING INSTRUCTIONS:

If frozen, defrost overnight in the refrigerator.

1. Preheat oven to 375 °F
2. Place container, with lid off, on middle rack of oven and bake for 40 minutes.
3. When finished, remove from oven and replace lid, allowing to rest for 5 minutes before serving.

BON APPETIT!

For food safety, all hot items should be heated to a minimum of 165 °F