



MAPLE-MISO TOFU

HEATING INSTRUCTIONS: 1-2 SERVINGS

If frozen, defrost in refrigerator overnight.

1. Pour contents of maple-miso tofu into a saucepan and heat over medium-high heat until simmering, stirring to prevent scorching.
2. Meanwhile, heat noodles and garlicky greens in the microwave.

HEATING INSTRUCTIONS: 4+ SERVINGS

If frozen, defrost in refrigerator overnight.

1. Pour contents of maple-miso tofu into a saucepan and heat over medium-high heat until simmering, stirring to prevent scorching.
2. Meanwhile, heat noodles and garlicky greens in the microwave.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165 ° F**

**** Consume or freeze dishes on or before expiry date**