



STUFFED CORNISH HENS

HEATING INSTRUCTIONS: 1-2 SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place Cornish hen & wild rice & mushroom casserole, uncovered, on middle rack of oven.
3. Bake for 20 minutes, then gently flip Cornish hen halves over and stir mushroom casserole.
4. Bake another 30 minutes, meanwhile, heat chicken jus in a small pot on the stove.
5. Enjoy meal with seasonal salad.

HEATING INSTRUCTIONS: 3-4 SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place Cornish hen & wild rice & mushroom casserole, uncovered, on middle rack of oven.
3. Bake for 20 minutes, then gently flip Cornish hen halves over and stir mushroom casserole.
4. Bake another 30 minutes, meanwhile, heat chicken jus in a small pot on the stove.
5. Enjoy meal with seasonal salad.

BON APPETIT!

For food safety, all hot items should be heated to a minimum of 165°F