



LEBANESE-STYLE FALAFEL FEAST

HEATING INSTRUCTIONS: 2+ SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place batatas harra on middle rack of oven and bake for 15 minutes.
3. Then place falafel, uncovered, next to potatoes. Gently toss potatoes and bake another 15 minutes.
4. Meanwhile, heat basmati rice & lentils in the microwave.
5. Enjoy with Middle Eastern salads, flatbread, smoky eggplant dip, hummus and garlicky yogurt sauce. Try different combinations of flavours together!

HEATING INSTRUCTIONS: 4+ SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place batatas harra on middle rack of oven and bake for 20 minutes.
3. Then place falafel, uncovered, next to potatoes. Gently toss potatoes and bake another 20 minutes.
4. Meanwhile, heat basmati rice & lentils in the microwave.
5. Enjoy with Middle Eastern salads, flatbread, smoky eggplant dip, hummus and garlicky yogurt sauce. Try different combinations of flavours together!

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165°F**

**** Consume or freeze dishes on or before expiry date**