

## **RED-BRAISED BEEF**

## **HEATING INSTRUCTIONS: 1-2 SERVINGS**

If frozen, defrost in refrigerator overnight.

- 1. Preheat oven to 400°F (375°F convection).
- 2. Place red-braised beef, uncovered, on middle rack of oven.
- 3. Bake for 15 minutes, then gently stir beef.
- 4. Bake for 15 more minutes. Meanwhile, heat mushroom-fried rice and bok choy in the microwave.

## **HEATING INSTRUCTIONS: 3-4 SERVINGS**

If frozen, defrost in refrigerator overnight.

- 1. Preheat oven to 400°F (375°F convection).
- 2. Place red-braised beef, uncovered, on middle rack of oven.
- 3. Bake for 20 minutes, then gently stir beef.
- Bake for 20 more minutes. Meanwhile, heat mushroom-fried rice and bok choy in the microwave.

## **BON APPETIT!**

For food safety, all hot items should be heated to a minimum of 165°F