



**Thank you for your purchase of our ready-to-heat meal!**  
**Below you will find heating directions for your meal.**

## **SOUP/STEW**

### **HEATING INSTRUCTIONS:**

*If frozen, defrost overnight in the refrigerator.*

1. Pour contents of container into a medium saucepan. We recommend adding a splash of water (up to 1 cup) may need to be added to thin out before heating.
3. Heat, uncovered, on medium until simmering, stirring frequently to prevent scorching.
4. Reduce heat to low, and simmer a few more minutes.

**BON APPETIT!**

**For food safety, all hot items should be heated to a minimum of 165 °F**