



BLACKENED SALMON TACOS

HEATING INSTRUCTIONS: 2+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 400° F (375° F convection).
2. Place blackened salmon skewers, uncovered, on middle rack of oven.
3. Bake for 20 minutes.
4. Meanwhile, heat tortillas in a pan over medium-high heat, flipping after 20-30 seconds, and storing under a clean towel to keep warm. Heat Mexican rice in the microwave.
5. Enjoy with crunchy salad, pico de gallo, and shredded cheese.

HEATING INSTRUCTIONS: 4+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 400° F (375° F convection).
2. Place blackened salmon skewers, uncovered, on middle rack of oven.
3. Bake for 20 minutes.
4. Meanwhile, heat tortillas in a pan over medium-high heat, flipping after 20-30 seconds, and storing under a clean towel to keep warm. Heat Mexican rice in the microwave.
5. Enjoy with crunchy salad, pico de gallo, and shredded cheese.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165° F**

**** Consume or freeze dishes on or before expiry date**