



FIVE SPICE & HONEY PORK CHOPS

HEATING INSTRUCTIONS: 2+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place five spice & honey pork chops, uncovered, on middle rack of oven.
3. Bake for 30 minutes, flipping pork chops over mid-way through heating.
4. Then, remove pork chops from oven and allow to rest.
5. Meanwhile, heat vegetable fried rice in the microwave and toss brassica salad.

HEATING INSTRUCTIONS: 4+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place five spice & honey pork chops, uncovered, on middle rack of oven.
3. Bake for 30 minutes, flipping pork chops over mid-way through heating.
4. Then, remove pork chops from oven and allow to rest.
5. Meanwhile, heat vegetable fried rice in the microwave and toss brassica salad.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165°F**

**** Consume or freeze dishes on or before expiry date**