



JERK CHICKEN

HEATING INSTRUCTIONS: 2+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place jerk chicken, uncovered, on middle rack of oven.
3. Bake for 10 minutes. Meanwhile, place Jamaican patties on a lined baking tray.
4. Then, place Jamaican patties on middle rack next to chicken and bake 20 more minutes.
5. Meanwhile, heat coconut rice & peas in the microwave.
6. Enjoy with apricot-mango chutney and tangy lime slaw.

HEATING INSTRUCTIONS: 4+ Servings

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place jerk chicken, uncovered, on middle rack of oven.
3. Bake for 10 minutes. Meanwhile, place Jamaican patties on a lined baking tray.
4. Then, place Jamaican patties on middle rack next to chicken and bake 20 more minutes.
5. Meanwhile, heat coconut rice & peas in the microwave.
6. Enjoy with apricot-mango chutney and tangy lime slaw.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165°F**

**** Consume or freeze dishes on or before expiry date**