



CARIBBEAN CHICKEN CURRY

HEATING INSTRUCTIONS: 2+ SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place Caribbean chicken curry, uncovered, on middle rack of oven. Place Jamaican patties on a lined baking sheet.
3. Bake for 30 minutes, placing Jamaican patties in oven after 10 minutes.
4. Meanwhile, heat coconut rice & peas and braised greens in the microwave.

HEATING INSTRUCTIONS: 4+ SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place Caribbean chicken curry, uncovered, on middle rack of oven. Place Jamaican patties on a lined baking sheet.
3. Bake for 35 minutes, placing Jamaican patties in oven after 15 minutes.
4. Meanwhile, heat coconut rice & peas and braised greens in the microwave.

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165°F**

**** Consume or freeze dishes on or before expiry date**