



OLD FASHIONED MEATLOAF

HEATING INSTRUCTIONS: 2+ SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place garlic parmesan mashed potatoes and old fashioned meatloaf, uncovered, on middle rack of oven.
3. Bake for 30 minutes, flipping meatloaf pieces midway through heating.
4. Toss seasonal salad and enjoy!

HEATING INSTRUCTIONS: 4+ SERVINGS

If frozen, defrost in refrigerator overnight.

1. Preheat oven to 375°F (350°F convection).
2. Place garlic parmesan mashed potatoes and old fashioned meatloaf, uncovered, on middle rack of oven.
3. Bake for 40 minutes, flipping meatloaf pieces midway through heating.
4. Toss seasonal salad and enjoy!

BON APPETIT!

***For food safety, all hot items should be heated to a minimum of 165°F**

**** Consume or freeze dishes on or before expiry date**